

RAS FAWR LLANDDOGED

12.5km ROAD RACE
14th September 2008
Results

Place	No	Time	Name	Club	Age Category
1	56	47.23	Darren Blazier	Abergele Harriers	M
2	86	49.03	Richard Watson	Colwyn Bay AC	M
3	69	49.26	Craig Mann	Greater Manchester Police	M40
4	92	50.22	Adam Jones	N. Wales Road Runners	M
5	58	50.51	Kerry Bliston	N. Wales Road Runners	M
6	46	51.31	John Ford	Mysteruns	M
7	80	52.47	Billy Hunter	Colwyn Bay AC	M40
8	63	52.51	Stephen Bellis	Buckley Running Club	M50
9	84	52.59	Russell Godwin	Colwyn Bay AC	M40
10	42	53.48	Tammy Lewis-Jones	N. Wales Road Runners	L35
11	97	55.06	David Nolan	N. Wales Road Runners	M
12	91	55.20	James Hooton	Cybi Striders	M
13	87	55.21	Arfon Owen	Cybi Striders	M40
14	283	55.53	Paul Jones	Eryri Harriers	M
15	77	56.02	Emyr Davies	Eryri Harriers	M65
16	88	56.08	Alan W Cawley	N. Wales Road Runners	M40
17	45	56.27	Kevin Edwards	u/a	M
18	43	56.43	Chris Yorke	N. Wales Road Runners	M
19	67	57.00	Ashley Wager	Eryri Harriers	M40
20	72	57.18	John Owen Griffith	Cybi Striders	M50
21	289	58.07	Hugh Trainer	u/a	M
22	282	58.28	Peter MW Jones	u/a	M40
23	44	59.18	Konrad Roberts	N. Wales Road Runners	M40
24	79	59.40	Garry Tann	Mysteruns	M50
25	286	59.48	Dei Charles	u/a	M40
26	64	60.04	David Alan Jones	u/a	M50
27	48	60.58	Arwyn Jones	u/a	M40
28	98	61.12	Kevin Higgins	N. Wales Road Runners	M40
29	287	61.25	Tony Davies	u/a	M40
30	90	61.42	Ian M Rothery	Cybi Striders	M50
31	82	61.46	Ian Taylor	N. Wales Road Runners	M40
32	54	62.09	Paula Lloyd Jones	u/a	L35
33	99	62.28	Tony Gibson	N. Wales Road Runners	M50
34	78	62.43	Andrew Roberts	Mysteruns	M40
35	83	63.24	Vicky Ronald	Colwyn Bay AC	L35
36	96	63.49	John Walker	u/a	M40
37	89	64.24	Rhion Ll. Jones	Cybi Striders	M
38	60	64.47	Patrick Lee-Browne	Great Western Runners	M40
39	59	65.14	Stephen Symonds	Manchester YHCA Harriers	M50

40	53	65.26	Dylan Parry	u/a	M
41	94	67.30	Michael Haynn	N. Wales Road Runners	M50
42	65	68.04	Martin Frew	u/a	M40
43	76	68.40	Lee Pownall	N. Wales Road Runners	M40
44	61	70.00	Chris Williams	u/a	M
45	285	70.11	Merfyn E Jones	u/a	M40
46	85	70.16	Steven Warburton	N. Wales Road Runners	M40
47	74	70.46	David Kirkham	Cybi Striders	M50
48	81	71.01	Roger Sandland	Telford AC	M65
49	51	71.14	Sue Jones	Cybi Striders	L45
50	52	71.27	Susan Calvert	Abergele Harriers	L45
51	50	71.39	Tony Lister	N. Wales Road Runners	M60
52	55	71.50	Leonard Jackson	N. Wales Road Runners	M50
53	66	72.11	Bryan Bridges	Telford AC	M40
54	95	72.16	Linda O'Neill	Perth Road Runners	L35
55	57	72.16	Alan Davies	N. Wales Road Runners	M50
56	47	72.42	Brian Dobson	Pocklington Runners	M50
57	284	74.39	Iorwerth Roberts	Eryri Harriers	M60
58	70	75.28	David Norman	North Wales Police	M60
59	68	75.58	Barrie Moore	Eryri Harriers	M65
60	62	76.39	Teresa Williams	u/a	L35
61	71	76.42	Sid Bailey	Dee Striders	M50
62	73	77.16	Ruth Harvey	Cybi Striders	L35
63	288	78.50	Stephen W Renwick	u/a	M65
64	49	80.33	Cliff Wilkinson	N. Wales Road Runners	M65
65	93	82.58	Paul Verrico	Eversheds AC	M
66	75	86.43	David Edwards	u/a	M50